

Internal Corona Protocol V.V. Kroton

Indoor Protocol

Corona Contact Person: Eva Raga Oroño (+316 180 733 20)

Rules for training:

1. If you have mild complaints (nose cold, coughing, sneezing or loss of taste), stay at home and get tested. Until the results of the test you are asked to stay at home. Inform our corona contact person if tested positive, so the necessary people can be informed.
2. It is not possible to watch other people's training. After attending your own training, it is requested that you leave the training facilities.
3. Trainers must ask all players the Health Check prior to each training. Health Check questions:
 1. Have you had one or more of these symptoms in the 24hrs:
 1. Cough
 2. Symptoms of a cold
 3. Fever
 4. Cardiological distress
 5. Smell or taste loss
 2. Does anyone of your close contacts recently shown symptoms of a cold, coughing, or fever?
 3. Have you had the coronavirus and been tested positive for the coronavirus within the past 7 days?
 4. Are you currently in quarantine:
 1. Because you are a family member or are in close contact with someone who currently has the coronavirus?
 2. Because you travelled back home from a COVID-19 risk area?
 3. Because you have been warned by the coronamelder app?
4. Avoid unnecessary contact moments. This means: No shaking hands, no high-fiving or yelling. Also, singing or cheering is not allowed.
5. Make sure to leave training on time, in order to ensure little to no contact between other teams and overlap.
6. If the training before you is not over yet, please make sure to stay at a reasonable distance.
7. Leave the sports center following the indicated walking routes.
8. When cycling away, do not cycle in big groups and leave individually.